

Spirituality in the Workplace is a key note speech, a full day or extended day workshop for people in the workplace designed to help them apply their spirituality to their work. Janet bases this workshop on her books Real Power and The Critical Journey.

Why a workshop on spirituality and work?

For so many of us our spirituality and our work are separate, distinct parts of our lives. But if we view them together, spirituality and work can be part of an organic whole. No matter how we choose our careers, whether paid or volunteer, we all can engage in meaningful and productive work activities. And no matter what our work is, we can find a way to relate it to our spiritual journey. And if we understand and cultivate the connections between the two, life changes can result.

Where we are on our spiritual journey affects how we behave and how we live out our calling in the world. When we discover our calling we become soul leaders and soul leadership begins with the willingness to be someone other than who the world wants us to be.

What can you expect from this workshop?

You will discover your stage of personal development by completing the Spiritual Life Inventory or the Personal Power Profile.

You will have time for personal reflection and small group discussions.

You will explore how your stage of spirituality influences your values, sense of purpose and the choices you make in your life.

You will understand the ways in which people at each stage view and express their spirituality in relation to work.

Questions that people ask about spirituality and work

- How do I go about making ethical decisions in my work?
- How do I bring my spirituality to work without being preachy
- Is spirituality different from religion?* If I take my spirituality seriously what will I have to give up?

Sample Workshop Schedule

8:00 Registration & coffee & rolls

8:30 Welcome and introductions

8:40 Spirituality in the Workplace: Stories from the Front Line

10:00 Break

10:15 Leading From Your Soul in the Workplace: Exploring the Stages of Personal Power

11:30 Lunch

12:15 Going Deeper: Stages of Power and Spirituality in the Workplace

1:30 Break

1:45 What's Next: Daily Practices that Connect My Spirituality with the Workplace

2:30 Drawing for Book Give-away

Adjourn

